

Monday - Morning Snack
Assorted Fresh Fruit
Homemade Granola Bar/Breakfast Bar/Energy Bar
Monday - Lunch
Meat and Vegetarian Sloppy Joe with buns
Mac & Cheese (Hot)
Veggies & Dip
Fruit, Wild Rice Dish, Dessert
Monday - Afternoon Snack
Fruit Hand Pies
Trail mix
Tuesday Morning Snack
Chef's choice morning snack
Tuesday Lunch
Pasta Bar with Marinara & Alfredo Sauce
Oven Roasted Carrots & Broccoli Florets
Chicken and/or Meatballs, Vegetarian Protein (e.g., MorningStar Veggie Meatballs)
Garden Vegetable Salad
Ranch Dressing, Italian Dressing, Parmesan Cheese, Shredded Cheddar, Croutons
Fruit, Wild Rice Dish , dessert
Tuesday Afternoon Snack
Hummus, Pretzel Chips and veggies slices
Yogurt Parfaits
Wednesday - Morning Snack
Assorted Fresh Fruit
Muffins
Wednesday - Lunch
Beef Burger, Veggie Burger or dogs, Hot dogs
Buns, Lettuce, Tomato, Pickle, Sliced Cheese, Ketchup, Mustard, Mayonnaise
Chef's Choice Potato and toppings
Chef's Choice Vegetable
Fresh Fruit, Wild Rice Dish
Wednesday - Afternoon Snack
Mud Pies (Individual Servings)
Snack mix

2% milk and ice water must be offered at every meal, refill Gatorade jugs

Thursday - Morning Snack

Assorted fruit

Granola Bars

Yogurt Parfait

Thursday - Lunch

Indian Taco Bar

Ground Meat, Vegetarian Beans

Cheese, Lettuce, Tortilla Chips, fry bread, Queso Dip/Sauce, Salsa, Sour Cream

Mexican street corn

Chef's choice vegetable/salad

Watermelon Slices or Chunks,

Thursday - Afternoon Snack

Crackers, Cheese, Meat

cookies/cookie bars

Thursday - Dinner

Barbeque Chicken or Pork

Veggie/cheese sliders

Vegetarian Wild Rice Salad or Soup

Roasted Vegetables

Garden Vegetable Salad

Chef's choice potato and toppings

Ranch Dressing, Italian Dressing, Shredded Cheese, Croutons

Fruit Salad

Thursday - Evening Snack

Ice Cream Sunday Bar- Pre-Scooped Ice Cream with Limited Toppings Available

Chips, Salsa, Cheese Dip or Taco Dip

Leftovers

Friday - Morning Breakfast

Scrambled Eggs (We will provide eggs from the Jijak Garden)

Hashbrowns

Breakfast Sausage

Yogurt with Granola and Berries

English Muffins and/or Bagels

Butter, Peanut Butter, Cream Cheese, Ketchup, Hot Sauce

Friday - Lunch

Deli Sandwich/Salad Bar

Assorted Bread, Cheese and Meat

Lettuce/Greens, Cucumber, Carrot, Tomato, Pickle

Croutons, Sunflower Seeds, Chickpeas

Chef's Choice Potato

Fresh Fruit, Wild Rice Dish

Pasta Salad, Chips

Ketchup, Mayo, Mustard, Ranch Dressing, Italian Dressing

Friday - Afternoon Snack

Strawberry shortcake

Leftovers